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# Clonburris N.S.

## Our Lady Queen of the Apostles

### *Learn, Believe, Achieve!*

# September 2021



Welcome back again to all our girls and boys! Last year was an eventful one but we got through it by working together. Thanks very much to all our parents/guardians who are still co-operating with us. Hopefully things will continue to improve. Until then, please have patience and keep us informed so we can try to keep everyone safe. Our new Junior Infant classes have settled in really well and other classes are also working really well.

We're looking forward to working on lots of events, initiatives and policies with the children, and with all our parents. Active Flag work, Green Flag initiatives and promoting the Student Council are only some of the areas in which your children will be involved. Our 6<sup>th</sup> and 5<sup>th</sup> classes have already shown great leadership within the school during the European Day of Sport activities.

We had four really special First Communion Masses last Saturday. Thanks to Fr. Kieran Coghlan, the new Parish Moderator and Fr Shan for saying the Masses. A huge amount of work was done by our staff in preparation for the Masses and a number of them volunteered their Saturday. I'm very grateful for their support. A special mention for the boys and girls who were not involved in the Masses. They gave great support to their peers while practices were going ahead.

Next Monday and the following Saturday our past pupils return for their Confirmation rites. Thanks again to the staff who are organising practices and will be present on the 4<sup>th</sup> and 9<sup>th</sup> of October.

Procedures in the school may change as restrictions are lifted but, as always, we'll keep you updated and the efforts of our Parents' Association are invaluable in supporting us.

We've three weeks until the mid-term break. Let's hope they're filled with lots of great work and fun too!

Ms. Morley, Principal



N.S. very well! Well done!

### Welcome Junior Infants

A big welcome to our new Junior Infants this year! They are settling into school life in Clonburris



### European School Sports Day

Well done to all children throughout the school who took part in our European School Sports Day which we ran over two days. It was lovely to see the children having so much fun being active.

GAA training Training for boys and girls from 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> continues every Monday after school.



We are hopeful that competitions for these children will resume in the very near future. Lunchtime kick arrounds will continue for boys and girls 3<sup>rd</sup>-6<sup>th</sup> once the weather allows. Our senior infant children as well as two of our first classes are really enjoying their GAA training every Thursday with Shane from Round Towers GAA club.

*Children aged 4-7 are invited to attend Towers Og nursery on Saturday mornings from 10- 11:30am at Round Towers pitches on Monastery Road if they would like to get involved in playing Football Hurling/ Camogie locally. A great way to meet new friends while being active.*

*Children with special needs aged 6-12 can avail of this programme every Saturday, at Round Towers pitches on Monastery Road.*

Marathon Kids Well done to both 5<sup>th</sup> and 6<sup>th</sup> classes who have started their running programme where they will complete a marathon distance over 8 weeks. While enjoying daily runs in school they will also learn valuable information about health, nutrition as well as mental and physical wellbeing.

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Seirbhís Tacaíochta  
Oideachais Tusla  
Tusla Education Support Service

**HSCL HOME/SCHOOL/COMMUNITY LIAISON** While your child is attending Clonburriss we are always delighted to see parents and guardians involved in our school community. Call the school, or get in touch with Ms. Kerins at 083 8490219 or email [hscl@clonburrissns.ie](mailto:hscl@clonburrissns.ie).

### IMPORTANT Safety Notice

*Please do not turn your car at the entrance to the senior yard as the children enter and leave the school.*



*A big thank you* to all the parents who have co-operated with all requests to date.

### Collecting Children at Home-time

When collecting your child from the yard at home-time please follow the one way walk into and out of the yard.

**Space Week** Clonburriss will be hosting lots of spectacular space activities for Space week, quizzes, rocket launches, creative writing and making of spaceships. If you would like to do some work on space at home, go to [spaceweek.ie/for-organisers/for-families](http://spaceweek.ie/for-organisers/for-families). There will be lots of prizes awarded for this week too!



**Friendship Week** This week we are celebrating Friendship week in school. Each class are taking part in friendship activities and the meaning of friendship is explored. Children discuss what it means to be a good friend to themselves and to others.



### Dates for your Diary

**Halloween Break:** Oct 25th – Oct 29th

**Christmas Break:** Dec 22nd (half-day) - Jan 5th

**Mid-Term:** Feb 21st–25th

**St. Patricks Day (National Bank Holiday):**

School closed March 17th and 18th

**Easter Break:** April 8th (half-day) - 22nd April

**May Mid-term:** May 2nd– May 3rd

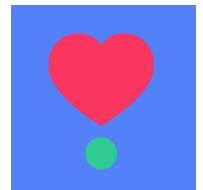
**June Bank Holiday:** June 6–June 7th

**Summer Break:** June 30th (close at 12pm)



**Parkrun** It's great to see the return of Parkrun to our local parks if children or any parents fancy getting their running or walking shoes on any weekend.

parkrun



**Climate Love Ireland** Well done to Ms. Ryan's 5th class who are joining forces with Robert Coleman and Climate Love Ireland to produce a piece of music and to plant new trees. The project will run all year with workshops and visits from Rob and his team from Climate Love Ireland ending next June with the launch event.

### Back to school Tips

**Sleep Routine:** Try to stick to the same time every night. Create a relaxing age appropriate wind-down routine for the hour before lights off. Some wind down activities include bath time, reading a book, drawing or colouring, listening to music, going for a walk. Stick to this routine.

**Screen time:** Work towards no screen time an hour before bed time to improve sleep quality. Where possible no screens in bedrooms.

**Morning routine:** Encourage your child to get everything ready the evening before. Help your child understand that time management is needed to get up and get ready, have breakfast, be on time for school.

**Evening routine:** Change out of their uniform as soon as they get home. Have a snack and a chat. Have some time outside. Get everything ready for the morning.

