**Let’s Get Talking!**

**Theme: My Body**

|  |
| --- |
| ***Vocabulary:***  body play climb balance feel laugh  dig build explore hold bend body part  child children handstand leg hand foot/feet  mouth arm back neck fingers toes |

Look at the attached picture and ask your child the following questions

**Questions:**

* Where are the children?
* What are they doing?
* Which body parts are they using?
* What things can you do with these body parts?
* What other body parts can you name?
* What can you do with them?
* How can we look after our bodies?

**Activity 1: *“Heads, shoulders, knees and toes!”***

* Look at the picture and name the actions the children are doing.
* Name the body parts being used to do these actions.
* Get your child to say the rhyme “Head, shoulders, knees and toes”, pointing to the different body parts as they recite it.

**Activity 2: *Simon Says***

* Look at the picture and name the actions the children are doing.
* Play “Simon Says” with your child. S/he can role-play to do the same actions the children in the picture are doing- climbing, laughing, digging in the sand etc.
* Give your child one example, then ask your child to look at the picture to give a different command.
* Continue until all the actions in each picture have been completed.

**Activity 3: *Question of the Day.***

* Look at the picture and name the actions the children are doing and the body parts used.
* Take turns with your child and give them a “Question of the Day”- What things do you like doing with your body? Why?
* Allow your child to ask you a “Question of the Day” and answer in as much detail as possible!