**Let’s Get Talking!**

**Theme: Food**

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| ***Vocabulary:***  food bread fruit rice take-away  noodle cake burger pizza soft drink  crisp fish cereal pasta ice-cream  nut milk meat dairy vegetable  cheese egg yoghurt chicken |

Look at the attached picture and ask your child the following questions.

**Questions:**

* Can you name all the things in the picture?
* Can you name all the drinks?
* Which foods are healthy foods?
* Which foods are “treats” that should only be eaten sometimes?
* When do you have food that are “treats”?
* What are your favourite foods?
* What foods do you dislike and why?
* Which foods do you like to eat for your breakfast/lunch/dinner and why?

**Activity 1: The first time I ate…**

* Look at the picture and name the different foods.
* Take turns with your child to give a sentence describing the first time you ate a really nice, or really horrible food.
* Describe how you felt and what happened and how you feel about that food now.
* Foods may include those in the picture and/or the video.

**Activity 2: Food Sorts**

* Look at the picture and name the food.
* Encourage your child to sort the food into categories of their own choosing. They can give reasons why food is placed in a particular category.
* Alternatively, give your child categories into which to sort the food, which may include fruits; vegetables; cereals/grains; dairy; healthy/unhealthy; meat; fish and poultry, etc.

**Activity 3: “Cloudy with a chance of meatballs”.**

* Look at the picture and name the different foods.
* Read the story “Cloudy with a Chance of Meatballs” by Judi Barrett to your child.
* A version may be found online at <https://tinyurl.com/yb3td8vs>
* Ask your child to retell the story, giving the setting, characters and the first event.
* Assist your child whenever needed.
* Discuss the possibility of food falling from the sky.
* Your child may also suggest food s/he would like to fall from the sky!